



TO LEAVE THE WORLD A BIT BETTER,
WHETHER BY A HEALTHY CHILD, A GARDEN
PATCH, OR A REDEEMED SOCIAL CONDITION;
TO KNOW THAT EVEN ONE LIFE HAS
BREATHED EASIER BECAUSE YOU HAVE LIVED

—
THAT IS TO HAVE SUCCEEDED.

Ralph Waldo Emerson



820 37th Place | Vero Beach, FL 32960

*****ECRWSEDDM****

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WHEN OUR
COMMUNITY
IS STABLE,
WE ALL
flourish.

Your support can make an incredible difference
in the overall health of our community.

Help us save a life by donating today.

772.569.9788 | mhairc.org



HELP US *save a life*



WITH HELP *comes hope*

The **Mental Health Association** is the only organization in Indian River County that offers walk-in mental health screenings at no charge.



Suicide is the
2ND LEADING CAUSE
of death between
ages 10-24.*

1 IN 6 U.S. YOUTH
ages 6-17 experience a
mental health disorder
each year.*

Every day,
17 VETERANS
die from suicide.*

OVER 1,000
Indian River County
residents received mental
health care services at
the MHA last year.

IRC residents of all ages and walks of life need support.

*data sourced from CDC & Nami

MAKE A *difference*

The MHA believes that everyone in Indian River County deserves the opportunity for an improved quality of life.



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